

The City of Pickering is committed to creating an equitable, diverse and inclusive workplace and strives to foster a sense of belonging, empowerment and respect among all employees and community members. We recognize and value that diverse perspectives, skills, backgrounds, and lived experiences contribute to the growth and strength of our organization and community. As such, we welcome and encourage applications from Indigenous Peoples and equity-deserving communities including women, persons with disabilities, racialized persons, persons who identify as 2SLGBTQI+, and other diverse communities.

Personal Trainer

Department:	Community Services
Classification:	2 Part-time, Contract (December – June 30, 2026)
Affiliation:	Non-Union
Vacancy Reason:	Existing
Shift/Hours:	Varied hours, must be willing to work evening and weekends
Salary Range:	\$33 per hour
Work Location:	Chestnut Hill Developments Recreation Complex (1867 Valley Farm Rd, Pickering, ON)
Date Posted:	Thursday November 13, 2025
Deadline to Apply:	Thursday November 27, 2025

Job Summary

The City of Pickering is seeking a dedicated and motivated individual to join our team in the role of Personal Trainer.

The successful incumbent is responsible for maintaining current knowledge of all relevant information on fitness and wellness programs in order to provide Personal Training services. The incumbent trains and responds to enquiries and recommends appropriate physical activity and/or programs for patrons.

Light to moderate physical exertion in the performance of fitness training and instruction is required.

Primary Responsibilities:

- Conducts fitness appraisals as per CSEP PATH protocols.
- Designs and conducts personal training programs as per accepted standards of practice.
- Counsels participants in matters concerning personal fitness and fitness-related programs.
- Maintains accurate, current and confidential participant records.
- Prescribes safe and effective exercise routines for clients in various states of health and demonstrates the correct use of equipment and programs.
- Writes progress reports on patrons for rehabilitation consultants.
- Promotes personal training services through personal contact and demonstrations at special fitness events. Promotes other activities, programs and services offered by the Corporation.
- Compiles reports and attends meetings, as required.
- Performs other related duties as required.

Additional secondary responsibilities may apply and will be outlined in the Job Description, which will be provided to candidates selected for an interview.

Minimum Requirements:

- Possess or are currently working towards post secondary degree/diploma in physical education, kinesiology or a related field from a recognized institution.
- CSEP – Certified Personal Trainer, Clinical Exercise Physiologist or equivalent Personal Training certification.
- Two years progressive fitness related work experience.
- Must be medically and physically fit to perform the duties of the position.
- Excellent interpersonal, leadership, organization, communication (verbal and written in English) and customer service skills.

- Must be willing to work irregular hours, on holidays and on weekends.
- Demonstrated analytical and problem solving skills with the ability to plan, develop and deliver short and long range fitness strategies and programs.
- Excellent current knowledge of medical terms and conditions and the ability to apply that knowledge to prescribe safe and effective exercise routines.
- Ability to work independently and achieve results on own initiative under minimum supervision.
- Demonstrated proficiency in the use of personal computers and Windows based computer applications.
- Must possess current Standard First Aid (within 2 years of date of issue), Basic Rescuer CPR-C Certificates (within 1 year of date of issue), and Defibrillator certification (within 1 year of date of issue).
- Must be prepared to undergo a Vulnerable Sector Screening as a condition of employment.

Qualified candidates may complete an **online application form** where you will be required to upload your resume and cover letter (PDFs only). We thank all applicants for their interest, however, only those selected for an interview will be contacted. In accordance with the *Municipal Freedom of Information and Protection of Privacy Act*, personal information is collected under the authority of the *Municipal Act* and is used for the purpose of candidate selection.

The City of Pickering is committed to inclusive and barrier-free employment practices, and to creating a workplace that reflects and supports the diversity of the community we serve. Accommodations are available throughout the recruitment process in accordance with the *Accessibility for Ontarians with Disabilities Act*. Accessible formats and supports can be requested. For assistance, please contact the Human Resources Department at 905.420.4627 or hr@pickering.ca.

Pickering: A complete, world-class city... inclusive, connected, caring and prosperous.

